



OBSTRUCTIVE SLEEP APNEA UPPER AIRWAY SURGERY

ADVANCED COURSE

April 27-28

COURSE DIRECTORS

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April 27

- 7:45 am **Registration and welcoming of participants**
- 8:00 am **Theoretical session**
 - > Obstructive sleep apnea: overview
 - > Upper airway evaluation
 - > Sleep endoscopy
 - > Craniofacial evaluation
 - > Nasal surgery
 - > Palatal procedures and pharyngoplasty
- 10:00 am **Videos session**
 - > Nasal procedures
 - > Palatal procedures
 - > Tongue base surgery
 - > Adenoidectomy
 - > Discussion
- 12:00 pm **Lunch at the Institute**
- 1:00 pm **Hands-on session on anatomical specimens**
 - > Turbinate radiofrequency and turbinoplasty
 - > Palatal radiofrequency
 - > Adenoidectomy
 - > Glossectomy
- 5:30 pm **End of session**
- 8:00 pm **Dinner in honor of the participants**

April 28

- 7:45 am **Evaluation of the previous day**
- 8:00 am **Theoretical session**
 - > Pharynx and hypoglossal nerve anatomy
 - > Hypoglossal nerve dissection
 - > Perioperative management
- 10:00 am **Videos session**
 - > Lateral pharyngoplasty
 - > Barbed reposition and expansion sphincter pharyngoplasty
 - > Hypoglossal nerve dissection
- 12:00 pm **Lunch at the Institute**
- 1:00 pm **Hands-on session on anatomical specimens**
 - > Tonsillectomy
 - > Lateral pharyngoplasty
 - > Expansion sphincter pharyngoplasty
 - > Barbed reposition
 - > Hypoglossal nerve dissection
 - > Pharynx anatomical dissection
- 5:30 pm **End of the course
Delivery of certificates of attendance**



Course objectives

- > To provide training for different technologies to perform upper airway surgery for obstructive sleep apnea
- > To practice on anatomical specimens in order to give participants the technical tools to improve their skills.
- > To perform nasal surgery, adenoidectomy, pharyngoplasty, tongue surgery, and palatal surgery
- > To review the upper airway anatomy

Educational methods

- > Interactive theoretical and video sessions between Faculty and course participants
- > Hands-on training on anatomical specimens

You can either register online for IRCAD courses at www.ircad.fr



Or scan this QR code to directly register for this course.